

Day of Week	Style	Location	Teacher
Monday			
19:00 -20:15	<i>Beginner</i> Hatha Vinyasa Yoga	Joyel Spa, Rr Elbasanit	Suela
Tuesday			
16:00 -17:00	Yoga for CHILDREN 6 to 9 years old	Joyel Spa, Rr Elbasanit	Sylvie
19:00-20:30	<i>Kundalini</i> Yoga	Joyel Spa, Rr Elbasanit	Sylvie
Wednesday			
9:30 -11:00	<i>Kundalini</i> Yoga	Joyel Spa, Rr Elbasanit	Sylvie
19:00 -20:30	<i>Intermediate vinyasa flow</i>	Joyel Spa, Rr Elbasanit	Csilla/Christiana
Thursday			
19:00 -20:30	<i>Kundalini</i> Yoga	Joyel Spa, Rr Elbasanit	Lies
Friday			
17:30 -18:45	Beginner Hatha Vinyasa Yoga	Joyel Spa, Rr Elbasanit	Sylvie
19:00-20:00	Intermediate power Vinyasa Yoga	Joyel Spa, Rr Elbasanit	Oriola
Saturday			
11:00 - 12:30	Intermediate power Vinyasa flow	Joyel Spa, Rr Elbasanit	Azra
17:30 -18:45	Beginner Hatha Vinyasa Yoga	Joyel Spa, Rr Elbasanit	Suela

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